

What's Your Question?

Your questions are answered by statewide experts on the Sports Concussion Committee

Q: A certified athletic trainer is looking for information on the recovery time of an athlete with ADHD who sustains a concussion, compared to the recovery time of a student athlete without ADHD. Are there specific studies or research for him to refer to?

A: Unfortunately there are no studies that have been completed on recovery time of student athletes with ADHD (Attention Deficit Hyperactivity Disorder). Based on Class II evidence (experience) we believe that the ADHD athlete does take longer to recover from a concussion, because of the interaction effect.

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